

# The Glenridge Calendar

# February 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>Fitness Center Closed</p> <p>9:45 Eucharistic Service</p> <p>1 Sarasota Ballet</p> <p>1:30 Sarasota Orch.</p> <p><b>4 Vespers</b></p> <p>6 Super Bowl</p>	<p><b>2</b> 8:15 Pilates Plus</p> <p>9 &amp; 10 Shopping Shuttle</p> <p>9:30 Aqua Plus</p> <p>10 Great Conversations</p> <p><b>10:30 Fall Prevention Strategies (MAC)</b></p> <p>10:30 Water Walk 11 Yoga Str</p> <p>1:30 Ancient Egypt</p>	<p><b>3</b> 9:15 Feldenkrais</p> <p>9:30 Aqua Plus 10 Seamstress</p> <p>10 Foreign Affairs 10:30 Japan</p> <p>10:30 AQUA 10:30 Lite Weights</p> <p>11:15 Functional Balance</p> <p>1 Necklace 1 Bridge 2 Tai Chi</p> <p><b>Asian Night in Dining Room</b></p> <p>8 Movie: <b>Mamma Mia</b></p>	<p><b>4</b> 8:15 Pilates Plus</p> <p>9 Circuit Walk 9:30 Aqua Plus</p> <p>10 Sit &amp; More 10 Watercolor</p> <p>10 Social Cmte 10:30 Writers W/S</p> <p>10:30 Art/Ages 10:30 Movie Cmte</p> <p>10:30 SitFit 11 Stretch Relax</p> <p>1 Begin Bridge 1 Ping Pong</p> <p>1 Dark Ages 1 Shopping Shuttle</p> <p>7 Garrison Keillor - Van Wezel</p>	<p><b>5</b> 8:15 Stand Fit Cardio</p> <p>9 Begin Computers</p> <p>9:15 Feldenkrais</p> <p>9:30 Aqua Plus</p> <p>10 19th Century Music</p> <p>10:30 Lite Weights</p> <p>10:45 Computers II 11 Yoga</p> <p>1 Dup Bridge 2 Ballroom Dancing</p>	<p><b>6</b> 8:15 Pilates Plus</p> <p>8:30 Men's Aqua</p> <p>9&amp;10 Shopping Shuttle</p> <p>9:30 Aqua Plus</p> <p>10 Foreign Affairs</p> <p>10:30 Liquid Balance</p> <p>10:30 SitFit Cardio</p> <p>11:15 Balance 3 Singers</p>	<p><b>7</b></p> <p>9 - 2 Fitness Center</p> <p><b>11 Glenridge Golf</b></p> <p><b>Tourney at Oak Ford</b></p> <p>Golf Club</p> <p>1 Bridge</p> <p><b>8 John Smitherman:</b></p> <p><b>Three Tenors in One</b></p>
<p><b>8</b></p> <p>Fitness Center Closed</p> <p>10:30-2 Sunday Brunch</p>	<p><b>9</b></p> <p>9 &amp; 10 Shopping Shuttle</p> <p>9:30 Aqua Plus 10 Sit &amp; More</p> <p>10 Great Conversations</p> <p>10 Academy Committee</p> <p>10:30 SitFit Bands</p> <p>10:30 Water Walk</p> <p>1:30 Ancient Egypt</p>	<p><b>10</b> 9:15 Feldenkrais</p> <p>10 Foreign Affairs</p> <p>10 Dining Cmte 10:30 Aqua</p> <p>10:30 Lite Weights 10:30 Japan</p> <p>11:15 Balance 1 Bridge</p> <p>2 Wellness: <b>Osteoporosis</b></p> <p>3:30 Caring Hearts 3 Flwr Trk</p> <p><b>4 Play Readers Café: "Fools"</b></p> <p>8 Movie: <b>Iron Man</b></p>	<p><b>11</b> 8:15 Pilates Plus 9 Circuit Walk</p> <p>9:30 Aqua Plus 10 Sit &amp; More</p> <p>10 Watercolor 10:30 Art/Ages</p> <p>10:30 Writers W/S 10:30 SitFit</p> <p>11 Stretch &amp; Relax 1 Begin Bridge</p> <p>1 Dark Ages 1 Ping Pong 1 Shpg</p> <p><b>1:30 Birthday &amp; Anniv Party</b></p> <p><b>4 Play Readers Café: "Fools"</b></p> <p>7:30 "Sarasota History" Academy</p> <p>7 Imaginary Invalid - Asolo</p>	<p><b>12</b></p> <p>8:15 Stand Fit Cardio</p> <p>9 Begin Computers</p> <p>9:15 Feldenkrais 9:30 Aqua Plus</p> <p>10 19th Century Music</p> <p>10:30 Lite Weights</p> <p>10:45 Computers II</p> <p>2 Ballroom Dancing</p> <p><b>3 GAC Meeting</b></p>	<p><b>13</b></p> <p>8:30 Men's Aqua</p> <p>9&amp;10 Shopping Shuttle</p> <p>9:30 Aqua Plus</p> <p>10 Foreign Affairs</p> <p>10:30 Liquid Balance</p> <p>10:30 SitFit Cardio 11:15 Balance</p> <p>1:30 Low Vision Group</p> <p>3 Singers</p>	<p><b>14</b></p> <p>9 - 2 Fitness Center</p> <p>1 Bridge</p> <p><b>7:30 BINGO</b></p> <p><i>Special Valentine Desserts In Dining Room</i></p> 
<p><b>15</b></p> <p>Fitness Center Closed</p> <p>9:45 Eucharistic Service</p> <p><b>5 GPAC "CLUE" Kick-Off Sponsor Party</b></p>	<p><b>16</b> 9 &amp; 10 Shopping Shuttle</p> <p>9:30 Aqua Plus 10 Sit &amp; More</p> <p><b>10 Quarterly Meeting</b></p> <p>10 Great Conversations</p> <p>10:30 SitFit 10:30 Water Walk</p> <p>11:30 Men's Luncheon-Ed Duffy</p> <p>1:30 Ancient Egypt</p> <p><b>2 Fitness 'Healthy Heart' Party</b></p> <p>3 Players Committee</p>	<p><b>17</b> 9:15 Feldenkrais</p> <p>9:30 Aqua Plus</p> <p>10 Foreign Affairs</p> <p>10:30 Aqua Function</p> <p>10:30 Lite Weights</p> <p>10:30 Japan</p> <p>11:15 Balance</p> <p>1 Bridge</p> <p>8 Movie: <b>Transsiberian</b></p>	<p><b>18</b> 8:15 Pilates Plus 9 Circuit Walk</p> <p>9:30 Aqua Plus 10 Sit &amp; More</p> <p>10 Watercolor 10:30 Art/Ages</p> <p>10:30 Writers Workshop</p> <p>10:30 Sit Fit 11 Stretch &amp; Relax</p> <p>1 Begin Bridge 1 Dark Ages</p> <p>1 Ping Pong &amp; Popcorn</p> <p>2:30 Grounds Committee</p> <p>3 Singers - GPAC</p>	<p><b>19</b> 8:15 Stand Fit Cardio</p> <p>9 Begin Computers</p> <p>9:15 Feldenkrais 9:30 Aqua Plus</p> <p>10 19th Century Music</p> <p>10:30 Lite Weights</p> <p>10:45 Computers II 11 Yoga</p> <p>1 Dup Bridge</p> <p>2 Ballroom Dancing</p> <p>3 Singers - GPAC</p>	<p><b>20</b> 8:15 Pilates Plus</p> <p>8:30 Men's Aqua</p> <p>9&amp;10 Shopping Shuttle</p> <p>9:30 Aqua Plus</p> <p>10 Foreign Affairs</p> <p>10:30 Liquid Balance</p> <p>10:30 Sit Fit Cardio</p> <p>11:15 Balance</p> <p><b>3:30 Singers Concert</b></p>	<p><b>21</b></p> <p>9 - 2 Fitness Center</p> <p>1 Bridge</p> <p>7 Bridge</p>
<p><b>22</b></p> <p>Fitness Center Closed</p> <p>1 Sarasota Ballet</p> <p>1:30 Sarasota Orch.</p> <p><b>2 Jazz at 2</b></p> <p><b>8 OSCAR PARTY</b></p>	<p><b>23</b> 8:15 Pilates Plus</p> <p>9 &amp; 10 Shopping Shuttle</p> <p>9:30 Aqua Plus 10 Sit &amp; More</p> <p>10 Great Conversations</p> <p>10:30 SitFit Bands</p> <p>10:30 Water Walk 11 Yoga Str</p> <p>12 Women's Lunch - Alikei Fashion Show</p> <p>3 Piper Staff</p>	<p><b>24</b> 9:15 Feldenkrais</p> <p>9:30 Aqua Plus</p> <p>10 Foreign Affairs</p> <p>10:30 Aqua Function</p> <p>10:30 Lite Weights</p> <p>10:30 Japan 11:15 Balance</p> <p><b>1 Open House</b> 2 Tai Chi</p> <p>1 Bridge 3 Flower Truck</p> <p>8 Movie: <b>Soap Dish</b></p>	<p><b>25</b> 8:15 Pilates Plus 9 Circuit Walk</p> <p>9:30 Aqua Plus 10 Sit &amp; More</p> <p>10 Watercolor 10 How Novel</p> <p>10:30 Writers W/S 10:30 Art/Ages</p> <p>10:30 SitFit 11 Stretch &amp; Relax</p> <p>1 Begin Bridge 1 Ping Pong/pop</p> <p>1 Shopping Shuttle 2 GPAC Cmte</p> <p>2:30 Bldg Cmte 3 Finance Cmte</p> <p>7:30 Play Readers</p> <p><b>8 Cynthia Sayer, Banjo/Vocals</b></p>	<p><b>26</b> 8:15 Stand Fit Cardio</p> <p>9 Begin Computers</p> <p>9:15 Feldenkrais 9:30 Aqua Plus</p> <p>10 19th Century Music</p> <p><b>10:30 Heart Healthy Eating (MAC)</b></p> <p>10:45 Computers II 11 Yoga</p> <p><b>1 Brain Fitness (Theatre)</b></p> <p>2 Ballroom Dancing</p> <p>2 Using Your MAC</p>	<p><b>27</b></p> <p>8:15 Pilates Plus</p> <p>8:30 Men's Aqua</p> <p>9&amp;10 Shopping Shuttle</p> <p>9:30 Aqua Plus</p> <p>10 Foreign Affairs</p> <p>10:30 SitFit Cardio 11:15 Balance</p> <p>1:30 Health &amp; Rec. Committee</p> <p>3 Singers</p>	<p><b>28</b></p> <p>9 - 2 Fitness Center</p> <p>1 Bridge</p>

- Academy Classes
- Game Room
- Fitness Center
- Meetings & Events
- Pool & Tennis Courts
- Open Daily 6a-10p
- Committee Meetings
- Theater

Mark Your Calendar for

***A Night in Italy***

Monday, March 2

A gastronomic adventure awaits ...



Come see our cute Valentine gifts!

**Kiltie Café**

